



School Health Advisory Minutes 9-20-12

Members Present (Virtual): Nancy Brewer, Angela Hancock, Mackinzee Escamilla, Joey Alvarez, Elbert Wuthrich, Cindie Walker and Susan Luna

I. Items for Information/Health Concerns

- a. CPR/First Aid Training provided to coaches, band directors, cheerleading sponsors and nurse on May 30, 2012.
- b. The Covenant Mobile Mammography bus was out on August 30th. This is a service offered to the community.
- c. We had a “Community Wide Blood Drive” on September 12th. We had 27 people donate, which resulted in 36 pints of blood. I am very proud of the students that donated.
- d. Covenant Corporate Wellness came out on September 19th and offered wellness labs to all staff and their spouses(if they are covered on the Whiteface CISD insurance).
- e. Mrs. Walker has made arrangements for students in grades 3-12 to attend an Anti-Bullying Conference at the Civic Center on September 25th.
- f. Student immunization clinic is scheduled for October 11th at 1:00 in nurse’s office.
- g. Mrs. Walker has scheduled the program “Aim for Success” to be presented on October 25th for students and a preview for parents on the evening of October 24th. This program is geared towards risky behaviors.
- h. State Immunization Report is due in October.
- i. Community wide flu shot clinic is scheduled for November 1st in the elementary auditorium.
- j. All state mandated screenings have been completed.
- k. Currently working on scheduling a dental clinic with La Familia Dental.
- l. See Whiteface CISD on “Facebook”.

II. Food Service Information

Mrs. Demel reports that we have “New School Lunch Regulations”. As of July 1, 2012, meals that are part of the National School Lunch Program are required to meet new nutrition standards established by the federal government. These new standards are based on recommendations from the Institute of Medicine following the 2010 dietary Guidelines for Americans. The biggest changes in the first year include offering fruits and vegetables as two separate meal components every day and increasing whole grains while decreasing calories and sodium.

III. Next Meeting- November/December 2012