



## **School Health Advisory Minutes      9-25-14**

- I. Minutes from April 14, 2014**
  
- II. New Nutrition Guidelines**
  - a. The “School Day” is the period from midnight before to 30 minutes after the end of the official school day.
  - b. At breakfast, the students must be offered 1 cup of fruit, but they have to take at least 1/2 cup.
  - c. A reduction in sodium to all meals.
  - d. The community Thanksgiving Meal will be Thursday, November 20th.
  
- III. Items for Information/Health Concerns**
  - a. All mandated student health screens have been completed.
  - b. The State Immunization Report will be submitted at the end of October.
  - c. The staff has the opportunity to participate in the Fall Wellness Program provided by Edwards Risk Management.
  - d. We will be having a student immunization clinic on Thursday, October 23rd at 1:00 in the nurse’s office.
  - e. Community wide flu shot clinic will be Thursday, October 30th from 2:00-4:00 in the elementary auditorium. The cost for a flu shot is \$25.00. Medicaid and Medicare will be accepted.
  - f. Our Christmas blood drive will be in December.
  
- IV. Next Meeting-November/December 2014**