



School Health Advisory Minutes

9-30-10

- I. **Members Present:** Joey Alvarez, Nancy Brewer and Susan Luna
Advisors to Committee present: Lisa Johnson
- II. **Minutes-** Reviewed minutes from April 29, 2010 meeting
- III. **Health Concerns-** Stomach virus has been going around for several weeks.
- IV. **Safe and Drug Free Schools** – No federal money for this program any more. Whiteface CISD will continue to do programs for this, but it will have to be budgeted for. Red Ribbon Week officially starts on Saturday, October 23rd and runs through Sunday, October 31st. There will be activities at each campus every school day during Red Ribbon Week. The “Shattered Dreams” program is still being discussed and will be voted on at the October secondary site base meeting.
- V. **Items for Information-**
 - a. The School Health Advisory Committee was approved by the school board at the last regular school board meeting.
 - b. We will have an assembly for grades 3-12 on October 7th and for JH/HS on November 2nd. Both of these will address positive choices.
 - c. We had a blood drive on September 1st and collected 29 units. We will be the kick off again this year for the KLLL Christmas Blood Drive on December 13th.
 - c. Obesity Awareness week was September 13th – 14th. Handouts went home with elementary students and our cafeteria ladies provided healthy snacks on Wednesday of that week. We are seeing an increase in weight gain in our elementary students. We have students that have gained 15 lbs. from May through September. We are looking at ways to educate on obesity.
 - d. Handout given regarding the teen (ages 13-17) pregnancy rate for Cochran County. There has been a significant decline in teen pregnancies in Cochran County from 2005-2007.
 - e. The “Biggest Loser” contest is going on again this year. The “enrollment” fee is \$20.00. This is open to all adults.
 - f. Covenant Corporate Wellness Services will be out here on Thursday, October 7th doing employee wellness labs. This year they will be offering a cardiac screening also.
 - g. South Plains Rural Health will be coming out on Thursday, October 28th giving flu shots. The cost will be \$20.00.
 - h. Overview given on Whiteface CISD School Health Webpage given.
 - i. Reminder given that the School Health Advisory Committee must provide a yearly report to the school board every April. Hand out of report for 2009-2010 given.
 - j. Parent members of the school health advisory committee want to see the “Shattered Dreams” program done at Whiteface.
- VI. **Next meeting** will be in November or December 2010.
- VII. **Adjourned without a motion.**

